**February, Week 1**

**Prayer and Scripture focus: To continue to build our faith through what God has already done. (check the January post on the website for previous verses.** **http://www.rachelwindham.com/section-5-group-page)**

**Psalm 98:1** O sing unto the Lord a new song; for he hath done marvelous things; his right hand and his holy arm hath gotten him the victory.

**1 Thessalonians 5:23** And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

**Psalm 30:2** O Lord my God, I cried unto thee, and thou hast healed me.

**Psalm 103 1-18** Bless the Lord, O my soul: and all that is within me, bless his holy name.Bless the Lord, O my soul, and forget not all his benefits:Who forgiveth all thine iniquities; who healeth all thy diseases;Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's.The Lord executeth righteousness and judgment for all that are oppressed.He made known his ways unto Moses, his acts unto the children of Israel.The Lord is merciful and gracious, slow to anger, and plenteous in mercy.He will not always chide: neither will he keep his anger for ever.He hath not dealt with us after our sins; nor rewarded us according to our iniquities.For as the heaven is high above the earth, so great is his mercy toward them that fear him.As far as the east is from the west, so far hath he removed our transgressions from us.Like as a father pitieth his children, so the Lord pitieth them that fear him.For he knoweth our frame; he remembereth that we are dust... **…**But the mercy of the Lord is from everlasting to everlasting upon them that fear him, and his righteousness unto children's children;To such as keep his covenant, and to those that remember his commandments to do them.