Lesson 17; Part 6-A: Hindrances to Good Relationships

Improper attitudes and actions can damage any relationship. These include guilt, blame, anger, self-centeredness, and pride.

GUILT

Guilt can result from an improper relationship, attitude, or action. If we have a guilty conscience, it will be difficult to reach out to love others as we should. The bible teaches us the proper response to guilt.

1. Proverbs 28: 13 says, “He that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ his sins shall not prosper: but whoso \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ them shall have mercy.

2. How is guilt removed? (1 John 1:9) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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BLAME AND ANGER

Blame and anger are common responses when we have not dealt with our guilt. Often when we are confronted with our wrong action, we either blame someone or retaliate in anger because we got caught.

1. When God asked Adam if he ate the fruit of the tree, what was his response? (Genesis 3:12). He \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Eve for giving him a bite of it.

Life is not always the way we want it to be. We may experience anger because people or things displease use.

2. Mark as True or False:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Anger is a choice.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Anger is always a sin.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Anger may result from unrealistic expectations of someone.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Anger is a strong emotion.

3. How soon should we get rid of our angry feelings? (Ephesians 4:26) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(To be continued)